



Moving ministries forward, *together.*

Earth Day Everyday Practices

- Buy glass or aluminum instead of plastic.
- Eat less meat.
- Stop using pesticides.
- Use reusable bags.
- Choose paperless billing.
- Buy local food.
- Spend less time in the shower.
- Advocate. Look for petitions to sign for climate and environmental action.
- Get a library card and check books out instead of buying them.
- Adopt the streets in your neighborhood and keep them litter-free.
- Think twice before purchasing. Just because you can upgrade your phone doesn't mean you have to.
- Recycle.
- Buy products made from recycled materials.
- Carpool.
- Better yet, walk.
- List all the places where you physically shop and see how you can reduce the number of miles you drive to get to them. Look for one shopping area that offers lots of options.
- Unplug devices.
- Change your thermostat settings; lower it a few degrees in the winter and raise it a few degrees in the summer.
- Start composting.
- Turn off the lights when you leave a room.
- Replace paper towels with cloth ones.
- Swap books, puzzles, board games, etc. with friends who share your interests instead of buying new ones.
- Collect rainwater for watering your lawn and garden.
- Skip the straw. (Or get a reusable one!)
- Look for eco-friendly products that are sustainably sourced.
- Take care of what you have so it lasts longer!
- Go native. Plant native trees and pollinator-friendly flowers and plants.
- Use LED lightbulbs.
- Cut the non-essentials for a week. Only buy what you must and, after a week, reassess how it went. How did it feel to live on less? How can you use what you saved to care for our planet?